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October 6th, 2017

Moments of terror

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— NATIONAL –

Fear grips Las Vegas, gunman kills 59 people

Police officers warn pedestrians to take cover in the immediate vicinity of a shoot-out near the Mandalay Bay Hotel and Casino on the Las Vegas Strip on October 1, 2017 in Las Vegas, Nevada.

40- to 50-round bursts of fire rained down on them from the 32nd floor of the Mandalay Bay casino hotel.

By Monday afternoon, 59 victims were dead and 527 injured in the deadliest mass shooting in modern U.S. history.

"You just didn't know what to do," Akiyoshi said. "Your heart is racing and you're thinking, 'I'm going to die.""



Craig Paddock, a 64-year-old retired accountant from Mesquite, Nevada, killed himself before officers stormed Room 135 in the gold-colored glass skyscraper.

The gunman, iden-

tified as Stephen

The avid gambler who according to his brother made a small fortune investing in real estate had been staying there since Thursday and had busted out windows to create his sniper's perch roughly 500 yards from the concert grounds.

The motive for the attack remained a mystery, with Sheriff Joseph Lombardo saying: "I can't get into the mind of a psychopath at this point."

Paddock had 23 guns - some with scopes - in his hotel room, authorities said. They found two gun stocks that allow the shooter to replicate fully automatic fire, and are investigating whether weapons used in the massacre had those modifications, according to a U.S. official briefed by law enforcement who spoke on condition of anonymity because the investigation is still unfolding.

At Paddock's home, authorities found 19 more guns, explosives and thousands of rounds of ammunition. Also, several pounds of ammonium nitrate, a fertilizer that can be turned into explosives such as those used in the 1995 Oklahoma bombing, were in his car, the sheriff said.

The FBI said it found nothing so far to suggest the attack was connected to international terrorism, despite a claim of responsibility from the Islamic State group, which said Paddock was a "soldier" who had recently converted to Islam.

In an address to the country, President Donald Trump called the bloodbath "an act of pure evil" and added: "In moments of tragedy and horror, America comes together as one. And it always has." He ordered flags flown at half-staff.

Before Sunday, the deadliest mass shooting in modern U.S. history took place in June 2016, when a gunman who professed support for Muslim extremist groups opened fire at a gay nightclub in Orlando, Florida, killing 49 people.

19

hustled off stage.

Get down! Stay down!"

Then the pop-pop-pop

resumed. And pure terror set in.

LAS VEGAS, Nevada (AP)

heard saying emphatically on a cell-

"People start screaming and yelling

and we start running," said Andrew Aki-

yoshi, who provided the cellphone video

to The Associated Press. "You could feel

the panic. You could feel like the bullets

were flying above us. Everybody's ducking

While some concertgoers hit the

ground Sunday night, others pushed

for the crowded exits, shoving through

narrow gates and climbing over fences as

down, running low to the ground."

he rapid-fire popping sounded

Wisdom for your decisions

tú Decides Newspaper

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You Decide – A Bilingual Newspaper

- STATE -

Washington state, Seattle are latest to sue opioid makers

SEATTLE, Washington (AP)

ashington state and the city of Seattle on Thursday joined more than two dozen other government entities across the country suing to hold opioid makers accountable for an addiction crisis that has claimed thousands of lives.

The governments hope to recoup costs of responding to drug addiction, including money spent on emergencies, criminal justice and social services.

"Unlike earthquakes and hurricanes, this disaster is a human-made crisis," Seattle City Attorney Pete Holmes told a news conference at Harborview Medical Center, where officials said more than 100 people were being treated for addiction.

The latest suits, filed separately in King County Superior Court, accuse the companies of deliberately overstating the effectiveness of their prescription painkillers while misleading patients and doctors about the risks of addiction — in violation of Washington's consumer protection laws.

The state's complaint names Purdue Pharma, the maker of OxyContin, while the



Washington Attorney General Bob Ferguson, second from left, listens to a question, on Thursday, September 28, 2017, in Seattle, as he stands near a chart detailing increases in overdoses and hospital stays relating to opioid use in Washington state.

city names numerous defendants, including Purdue and Teva Pharmaceutical.

In a written statement, Purdue denied the allegations but said it is "deeply troubled" by the addiction crisis and "dedicated to being part of the solution."

"As a company grounded in science, we must balance patient access to FDAapproved medicines, while working collaboratively to solve this public health challenge," it said.

More than two dozen states, cities and counties — including Ohio, Mississippi, Orange County in California, and the Washington cities of Everett and Tacoma — have sued the pharmaceutical companies. Most other states have recently broadened a joint effort to investigate the companies' actions.

If the industry cooperates, the investigation could lead to a national settlement. Connecticut Attorney George Jepsen has said there are early indications that drug makers and distributors will discuss the matter with the states.

Washington state Attorney General Bob Ferguson said he was withdrawing from that effort because he was ready to sue now in light of the ongoing harms opioid addiction is causing in the state. Nearly 10,000 people have died from overdoses in the state since 2000, he said.

"Purdue Pharma has knowingly conducted an uncontrolled experiment on the people of Washington state and the American public without any reliable, clinical evidence that opioids are safe or even effective at treating long-term, chronic pain," he said.



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HEALTH LITERACY Accreditation: Yes! We are an accredited Cancer Center, but what does it mean for our community?



Center

our Tri-Cities Cancer Center has pursued and successfully achieved two very important accreditations in the past two years. Accreditation is a significant undertaking: planning, process change, validating, auditing, training and educating, and commitment to providing the highest level of quality.

But why do we choose to put so much energy and resources into these accreditations?The pursuit of accreditation at the Tri-Cities Cancer Center is a testimony to our commitment to guality. Accreditation of healthcare services is a voluntary program in which trained external peer reviewers evaluate a healthcare organization's compliance and compare it with preestablished performance standards. It's all about our patients and providing them the very best of care. There is considerable evidence to show that accreditation programs improve the process of care provided in health care organizations. Additional studies have shown accreditation programs of subspecialties, like cancer care, improve clinical outcomes. Therefore, it should be no surprise that we chose two of the most stringent and respected accreditations available in our industry.

The first accreditation we achieved is our ASTRO Accreditation Program for Excellence (APEx). The American Society of Radiation Oncology announced its APEx accreditation program in 2014, but the program details were not available until 2015. The opportunity to measure our

program against the APEx standards Dr. Laurie Evans, Medical Director for of performance was, and remains, very exciting to us. The accreditation's focus on quality, safety and continuous improvement strategies is philosophically in concert with our mission, vision and values. As soon as the application process opened, we began the arduous process of accreditation. Early in 2016, we became the first cancer center in the nation to achieve APEx accreditation. We are still the only facility in the Pacific Northwest with this coveted accreditation.

Our next pursuit was the National Accreditation Program for Breast Centers (NAPBC) accreditation. This program, which focuses on shortening time to treatment and improving outcomes is administered by the American College of Surgeons.

NAPBC accreditation is only awarded to those centers that have voluntarily committed to provide the highest level of quality breast cancer care and that undergo a rigorous evaluation process and review of their performance. A Breast Center that achieves NAPBC accreditation has demonstrated a firm commitment to offer its patients every significant advantage in their battle against breast disease.

Our NAPBC accredited Breast Center is a collaborative effort between the Tri-Cities Cancer Center, our three owner hospitals - Kadlec, Lourdes Health and Trios Health, and our partnership with outstanding local physicians Over 30 area physicians and ancillary staff, specializing in breast cancer, continually partner across these organizations to provide the best breast cancer care available.

This partnership takes place as these breast cancer treatment professionals come together at the Tri-Cities Cancer Center's accredited Breast Center twice a month to review patient cases and make recommendations for care. This is referred to as a multidisciplinary cancer conference.

our Breast Center is quoted as saying, "I am so very proud of our medical team, which spans specialties and hospital systems. By coming together, we have created world-class cancer care right here in our community where patients can receive comprehensive quality care minutes from their homes."

A principal element of our NAPBC Breast Center is our newly launched Survivorship Clinic. Our Survivorship Clinic assists patients in achieving the best possible quality of life after treatment. We help patients manage and identify side effects of treatment; discuss potential long-term complications from treatment; educate patients on how to avoid, as well as detect, a cancer recurrence; and encourage the development of healthy habits for overall health and well-being. Our Survivorship Clinic provides the bridge between a patient's oncology team and their primary care provider.

Our APEx and NAPBC accreditations substantiate our commitment to provide world-class cancer care right here in our community. We have been able to achieve nationally recognized excellence in cancer care by employing world-class talent and closely partnering with our three hospital owners, Kadlec, Lourdes Health and Trios Health.

Our community deserves the best. You, your family, friends and neighbors can be confident in the cancer treatment you receive here at home. My commitment to you, on behalf of our team and partners, is to continually deliver the best cancer care found anywhere. We are your Tri-Cities Cancer Center.



Screenings are free-of-charge thanks to generous community support of the Tri-Cities Cancer Center Foundation.

US school districts prepare for influx of Puerto Ricans

NEW BRITAIN, Connecticut (AP)

s Hurricane Maria churned toward Puerto Rico, Joseenid Martin Gregory put her sons Eliot Saez Martin, 9, and his brother, Elionet, 5, on a plane to be with their grandfather in Connecticut, fearing their lives could be in danger if they stayed on the island.

As the scale of the devastation became clear, and the boys' grandfather, Jose Martin, found no way to communicate with his daughter, he made arrangements to keep the boys here indefinitely. He bought notebooks and markers and enrolled his grandchildren at the local elementary school in New Britain.

"We didn't think the hurricane was going to be catastrophic. With the situation Puerto Rico is in now, it's difficult," said Martin, a landscaper. "I thank God that the children are here. They're in school. They have food."

The two brothers are among the first of what are expected to be large numbers of Puerto Rican children enrolling in school districts on the U.S. mainland, particularly in urban areas from Florida to New York to Massachusetts where families are planning to open their homes to displaced relatives.

The districts are making plans to accommodate students with a unique set of needs: Some coming from the Caribbean island have limited English skills, some are already weeks behind because island schools have been closed since Hurricane Irma, and others will be dealing with trauma from

living through the storm and its aftermath.

The Category 4 storm that tore across the island on Sept. 20 with winds of 155 mph has left many to decide whether to ride out the months-long recovery, including the reconstruction of the electricity grid, or to take refuge on the U.S.



In this Friday, Sept. 29, 2017 photo, Elionet Saez Martin, of Puerto Rico, works at his desk in his kindergarten class at Chamberlain Elementary School in New Britain, Connecticut.

mainland, at least for a while. Since commercial flights have not yet resumed regular schedules, it will likely be several weeks before districts have a true sense for the numbers.

Still, some are doing what they can to anticipate the scale of what's to come.

In Holyoke, Massachusetts, where 80 percent of the 5,300 schoolchildren are

from the island or of Puerto Rican descent, parents are being asked to let the school district know as soon as possible if they plan to put up any school-age relatives.

At the top of the list of concerns is the emotional well-being of students, not only for newcomers but also children whose relatives are affected or whose homes could suddenly become crowded with extended family.

Martin said his grandsons understand a big storm hit Puerto Rico, but he and his wife try to keep them distracted with trips to the park. Neither boy speaks English, and both are receiving special language instruction.

Martin said they seem happy at Chamberlain Elementary School in this city just west of Hartford.

"They don't ask too many questions about what happened in Puerto Rico, what happened with mama, what happened with grandmama," he said. "We're doing our best."





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Catalonia urges mediation with Spain in secession dispute

BARCELONA, Spain (AP)

atalan separatists called for international mediation with the Spanish government as they pushed ahead Monday with plans to declare unilateral independence this week after a violent police crackdown scarred a disputed secession referendum.

The referendum debacle only deepened Spain's most serious political crisis since democratic rule was restored in 1978. The violence on Sunday in the prosperous northeastern region left more than 890 civilians and 430 police injured when anti-riot squads moved into polling stations and dispersed voters.

Shocking videos and photos of police dragging people by the hair and kicking them were flashed around the globe, leading some European leaders to warn about any further escalation of violence.

Catalan leader Carles Puigdemont said a regional parliamentary commission would investigate why Spain's antiriot squads fired rubber bullets, smashed into polling stations and beat protesters with batons to disperse voters in the independence referendum that Spain opposed. He also urged the 5,000-strong contingent of special Spanish police forces deployed in Catalonia to leave immediately.

Puigdemont called Monday for the European Union "to stop looking the other way" and urged Spanish Prime Minister Mariano Rajoy to accept international mediation in the crisis. He urged the EU to view Catalonia's desire to break away from Spain as a Europe-wide issue.

"This is not a domestic issue. The need for mediation is evident," Puigdemont said.

Calls for restraint came from across Europe, including from EU chief Donald Tusk, who appealed to Rajoy to "avoid further esca-

lation and use of force" while agreeing that the independence vote was invalid. Several human rights organizations



Independence supporters march during a demonstration in Barcelona, Spain, on Monday, October 2, 2017.

called for an impartial investigation into the violence.

Of the 893 civilians injured in the melee, two suffered serious wounds,

Catalan health authorities said. The Interior Ministry said 39 police received immediate medical treatment and 392 others had scrapes and bruises.

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– SPORTS ——— Seahawks lose several starters after Sunday night win



Seattle Seahawks quarterback Russell Wilson (3) dives towards the endzone during an NFL game on Sunday, October 1, 2017, in Seattle, Washington. Photo by Braulio Herrera

SEATTLE, Washington (AP)

.D. McKissic took the second carry of his career 30 yards for a touchdown and Bobby Wagner scooped up a fumble and rumbled 21 yards for a score in a 13-second span late in the third quarter, and the Seattle Seahawks beat the Indianapolis Colts 46-18 on Sunday night.

Justin Coleman added a 28-yard interception return for a TD in the first half and Seattle overcame a sleepy first 30 minutes from its offense to finally put away the Colts.

"It was a terrific night. It just took us a while again. ... We finally got going," Seattle coach Pete Carroll said.

Their big plays turned boos that cascaded down at halftime with Seattle trail-

ing 15-10 into cheers in a hurry. Century-Link Field was left shaking after Wagner scooped up a fumble by quarterback Jacoby Brissett and weaved through tacklers for Seattle's second defensive score and a 32-18 lead.

Russell Wilson threw two touchdown passes and two interceptions, but his most important play was a 23-yard run in the third quarter to give Seattle an 18-15 lead.

However, the win came at a big cost for the Seahawks, as several players were injured and could be out for several games. Chris Carson, Cliff Avril and Jeremy Lane all had to leave the game at some point with potentially serious injuries. Rees Odhiambo will also miss the next game after being diagnosed with a bruised sternum.



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Dave Says

- COMMUNITY -**Delta Dental of Washington celebrates smile power** in the Tri-Cities

ast week, the Delta Dental of Washington Smile Power team closed out their 2017 five-city tour in Tri-Cities. The Smile Power program, developed as a way for Delta Dental to be more involved in the communities they serve, focuses on recognizing individuals and organizations across Washington State making their community a better place to live, giving back through volunteering, kind acts and other good deeds. They call these people 'Smile Makers.'

by their Tooth Fairy mascot, stopped at various local non-

profits including the Arc of Tri-Cities, Columbia Industries and Boys & Girls Club of Benton and Franklin Counties as well as a number of area schools to honor



The Smile Power team, led A Smile Power event takes place at the Boys & Girls Club of Benton and Franklin Counties. Photo by Ben VanHouten of VanHouten Photography.

> Smile Makers in our community who go above and beyond to support those around them. The team also hosted surprise and delight events for the public including one-hour of free coffee at the

you can nominate them at https://www.deltadentalwa.com/ our-company/in-the-community/smilepower and they could be selected for next year's surprise!

Although

this

for

who

wherever they go,

It doesn't erase your credit history

Dear Dave,

I recently tried to cancel a credit card, and the customer service representative told me that doing this would cancel out my entire 14-year credit history. Is this true? — Keri

Dear Keri,

No, it is not true. The rep you spoke with is either a moron or a liar.

Canceling a credit card doesn't erase a person's entire credit history, and it doesn't erase their credit history with that company or their card, either. And by the way, your credit history doesn't last 14 years. It lasts seven years, but all the information on your record that is older than that — except for Chapter 7 bankruptcy — comes off your credit bureau report. A Chapter 7 filing stays on your report for 10 years.

So, you don't have a 14-year credit history. Sorry, it's just not there. And if you talk to this company again, you really need to find an educated rep to speak with. This one doesn't have a clue! - Dave

Español!

Important things to know about DACA

Your DACA is valid until its expiration date.

If you have DACA, it will remain valid until its expiration date. It does not automatically end on September 5, 2017.

3. You can renew only if your DACA work permit expires before March 5, 2018.

After renewals, DACA lasts for two years. Please submit your renewal as soon as possible. It needs to be received by DHS by October 5, 2017. We recommend you get legal assistance. (See below.)

2. No new DACA applications will be accepted.

If you do not already have DACA, do not file a new application!

4. Advance parole to travel abroad is no longer available.

If you are planning to travel outside the U.S. under advance parole, we recommend you get legal assistance. Any pending applications for advance parole will not be processed and the Department of Homeland Security (DHS) will refund any associated fees

5. You can get FREE help with your DACA renewal at a Seattle event:

seattle.gov/DACA for a full list of events.



Wisdom for your decisions

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Seattle Office o

